

# WEBSTER RECREATION CENTER MEMBERSHIP INFORMATION

		Non-fitness Level 1	Fitness Membership Level 2	Premier Membership Level 3	Punch Pass (non-refundable)
<b>*Individual</b> 19 to 54 yrs of age	Resident, Webster Business Employee	\$5.00pp	\$336.00 (\$28/month)	\$420.00 (\$35/month)	20 visits - \$58
	Non-Resident	\$10.00pp	\$396.00 (\$33/month)	\$480.00 (\$40/month)	20 visits - \$63
<b>*Family</b> (same household, children under age of 26)	Resident, Webster Business Employee	\$5.00pp	\$492.00 (\$41/month)	\$624.00 (\$52/month)	NA
	Non-Resident	\$10.00pp	\$552.00 (\$46/month)	\$684.00 (\$57/month)	
<b>*Senior 55+, Active Military, Student /College 12 – 25yrs</b>	Resident, Webster Business Employee	\$3.00pp	\$252.00 (\$21/month)	\$336.00 (\$28/month)	20 visits - \$48
	Non-Resident	\$5.00pp	\$312.00 (\$26/month)	\$396.00 (\$33/month)	20 visits - \$53
<b>*Senior Couple</b> (One person must be 55 +, same household)	Resident, Webster Business Employee	\$3.00pp	\$336.00 (\$28/month)	\$396.00 (\$33/month)	NA
	Non-Resident	\$5.00pp	\$396.00 (\$33/month)	\$456.00 (\$38/month)	
<b>*Senior Family</b> (One person must be 55 +, same household, children under age of 26)	Resident, Webster Business Employee	\$3.00pp	\$408.00 (\$34/month)	\$492.00 (\$41/month)	NA
	Non-Resident	\$5.00pp	\$468.00 (\$39/month)	\$552.00 (\$46/month)	
<b>*Silver &amp; Fit Ages 65+</b>	Resident, Webster Business Employee		NA	\$25.00 annual fee paid directly to WPRD	NA
<b>*Aetna - FREE</b>	Non-Resident				
<b>*Silver Sneakers Ages 65+ Prime Health Ages Under 65</b>	Resident, Webster Business Employee		NA	Paid by insurance provider.	NA
	Non-Resident				

**\* Identification required**

**Punch Pass** (no expiration, non-refundable) allows access to the fitness center, racquetball courts, noon basketball

**Drop in fee** \$5.00 allows access to the fitness center and racquetball courts. \$8.00 for WPRD staff taught fitness classes. **(All subcontractor programs are excluded).** Pickleball reservation fee is **\$10.00 per person, per reservation.**

## Cancellation

It is the responsibility of the member to notify Jenny Hutchins at [jhutchins@ci.webster.ny.us](mailto:jhutchins@ci.webster.ny.us) in writing prior to the 15th of the month that you wish to cancel, as we offer NO INSTALLMENT BILLING REFUNDS. You will also be cancelled out of any membership benefit class that you are enrolled in at the time of membership cancellation, and classes are non-refundable. You will be allowed to cancel a membership once within a calendar year without a fee. Should you cancel two or more times within a calendar year, you will be assessed a \$50.00 cancellation fee. A cancellation fee is not assessed to CHANGES in a membership status/type. \* Annual payment members will have a \$25.00 fee retained if cancelled within 6 months of joining.

**FEES AND PROGRAMS SUBJECT TO CHANGE WITHOUT NOTIFICATION**

## **Non-Fitness Membership (Level 1)**

This membership includes access to our open gym times (**excludes pickleball**), game room and designated walking time. **Anyone 12 and under are not required to have a non-fitness membership but must be accompanied by an adult at all times. The adult must have a non-fitness pass.**

## **Fitness Membership (Level 2)**

This membership includes open gym times (**excludes pickleball**), game room, designated walking time, access to the fitness center, racquetball courts and pickleball courts , one WPRD taught class or Zumba per week.

**Our current calendar of fitness classes is available at the front office.**

**Free activities are labeled in the program guide available at the front office or online.**

## **Premier Membership (Level 3)**

This membership includes open gym times (**excludes pickleball**), game room, designated walking time, noon basketball, access to the fitness center, racquetball courts, pickleball courts, **unlimited** WPRD taught fitness classes and may choose one Zumba class per week. **Activities are subject to change without notice and are on a first come, first served basis.**

**Our current calendar of fitness classes is available at the front office.**

**Free activities are labeled in the program guide available at the front office or online.**

## **Silver & Fit and Silver Sneakers are considered a Premier Membership (Level 3)**

### **SILVER&FIT (EXCELLUS) \$25 for the calendar year (January 1 to December 31)**

Silver&Fit is a fitness program designed specifically to help older adults achieve better health through regular exercise and health education. Silver&Fit provides eligible members with fitness memberships and older adult oriented group exercise programs *at no additional cost* through arrangements with certain health plans. **The \$25 annual fee is now paid to WPRD.** Register with us and you'll enjoy all of the benefits of an Annual Member in addition to the Silver&Fit Experience programs that are offered. Silver&Fit is a product of American Specialty Health, Inc.

### **SILVER SNEAKERS (MVP HEALTHWAYS)**

The Silver Sneakers Fitness Program is an innovative health, exercise and wellness program helping older adults live healthy, active lifestyles. Get fit, have fun, make friends! Stop in to our office to sign up. Your Annual Membership will be completely free and give you all of the benefits offered of an Annual Member of our fitness center. Take advantage of what your health care plan has to offer and get fit and healthy.

*Many other insurance companies qualify for Silver&Fit and Silver Sneakers memberships. Please inquire within to check eligibility.*

## Personal Training Packages

<b>Hourly</b>	Member Rate	\$35
	Non Member Rate	\$40
<b>5 Sessions</b>	Member Rate	\$165
	Non Member Rate	\$175
<b>10 Sessions</b>	Member Rate	\$320
	Non Member Rate	\$340
<b>12 Sessions</b>	Member Rate	\$372
	Non Member Rate	\$396
<b>16 Sessions</b>	Member Rate	\$480
	Non Member Rate	\$512
<b>Partner Training</b>	Member Rate	\$50 per session
	Non Member Rate	
<b>Group Training</b>	Member Rate	\$80 per session (3 to 5 People)
	Non Member Rate	

## Fitness Facility

- ❖ 3,500 square foot state of the art fitness center that includes :
  - Five televisions with cardio theater
  - Treadmills, ellipticals and stationary bikes
  - Free weight area with Olympic benches and Olympic lifting platform/station
  - Selectorized strength circuit
  - Cable functional trainers
- ❖ Men and women's locker rooms with showers
- ❖ Two racquetball courts
- ❖ Gymnasium with two full-sized basketball courts
- ❖ Outdoor lighted tennis /pickleball courts and basketball court
- ❖ Outdoor one-mile paved walking/running trail

## Fitness Center Age Guidelines

- ❖ Members under the age 10 years old are not permitted in the fitness center.
- ❖ Members between the ages of 10 – 12 years old may use the fitness center if being supervised by an adult and have completed a one time 20 minute orientation with a fitness staff member.
- ❖ Members 13 years old may use the fitness center unsupervised after completing an orientation with a fitness staff member.

***FEES AND PROGRAMS SUBJECT TO CHANGE WITHOUT NOTIFICATION***