

# WEBSTER RECREATION CENTER

## FITNESS MEMBERSHIP INFORMATION

		Non-Fitness	Basic Fitness	Premier Fitness	Punch Pass
<b>*Individual</b> 18 to 54 yrs of age	Resident, Webster Business Employee	\$5.00pp	\$336.00 (\$28/month)	\$420.00 (\$35/month)	10 visits - \$50 + one fee <b>Non-refundable</b> 10 visits - \$55 + one Free
	Non-Resident	\$10.00pp	\$396.00 (\$33/month)	\$480.00 (\$40/month)	
<b>*Individual Senior 55+ or Active Military or Student</b> 14 – 25yrs	Resident, Webster Business Employee	NA	\$300.00 (\$25/month)	\$360.00 (\$30/month)	NA
	Non-Resident		\$360.00 (\$30/month)	\$420.00 (\$35/month)	
<b>*Family</b> (same household, children under age of 26)	Resident, Webster Business Employee	NA	\$492.00 (\$41/month)	\$624.00 (\$52/month)	NA
	Non-Resident		\$552.00 (\$46/month)	\$684.00 (\$57/month)	
<b>*Senior Couple/Family</b> (same household one person must be 55 +, children under age of 26)	Resident, Webster Business Employee	NA	\$408.00 (\$34/month)	\$492.00 (\$41/month)	NA
	Non-Resident		\$468.00 (\$39/month)	\$552.00 (\$46/month)	

**We honor the following insurance companies fitness benefits for eligible members.**

Please contact our main office (585)872-7103 to verify your eligibility for a Premier Level Membership benefit:



United Health Group



**Non-Fitness Membership** This membership includes access to our open gym times, game room and designated walking times (**excludes pickleball**). Anyone 12 and under are not required to have a non-fitness membership but must be accompanied by an adult at all times, adult must have a non-fitness pass:

<u>Open Gym Fees</u>	<u>FEE</u>	<u>ID</u>
WEBSTER RESIDENT	FREE	*Valid Photo ID with proof of residency
NON-RESIDENT	\$5.00	*Valid Photo ID with proof of residency

**Basic Fitness Membership** This membership includes unlimited access to the fitness center, racquetball and pickleball court reservations:

<u>Open Gym Fees</u>	<u>FEE</u>	<u>ID</u>
WEBSTER RESIDENT	FREE	Valid WPRD Fitness Member Pass
NON-RESIDENT	FREE	Valid WPRD Fitness Member Pass

**Premier Fitness Membership** This membership **includes all basic membership** benefits and discounted classes listed below:

<b>Free Classes:</b>	Arms & Abs Bootcamp Cardio Strength Heavy Bag Boxing Vinyasa Yoga Competitive Badminton	Butts & Guts Fitness w/ Gina Tabata Training Corrective Posture Pilates Mat Men's Indoor Soccer	Swedish Fitness ABSolute Core Endurance Move Well Beginner Yoga Volleyball	Strength and Conditioning Youth Strength and Conditioning Beginner Bootcamp w/ Gina Iyengar Based Yoga Men's Open Basketball Pickleball (excludes lessons & ladder league)
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**Discounted Classes:** ([see Webtrac for pricing](#))

Zumba Fitness	Beachbody Fit Club
Sun Tai Chi Advanced	Tai Chi Arthritis

**Drop in Fee** \$5.00 per visit—access to fitness center or racquetball courts  
\$10.00 access to free classes listed above (does not include discounted classes) or pickleball reserve a court

**Punch Pass** Allows access to fitness center, racquetball courts, and pickleball reserve a court. Can not be used towards programs.

**Personal Training Packages** See next page for more information

## Personal Training Packages

Hourly	Member	\$35.00
	Non Member	\$40.00
5 Sessions	Member	\$165.00
	Non Member	\$175.00
10 Sessions	Member	\$320.00
	Non Member	\$340.00
12 Sessions	Member	\$372.00
	Non Member	\$396.00
16 Sessions	Member	\$480.00
	Non Member	\$512.00
Partner Training	Member	\$50.00 per session
	Non Member	
Group Training	Member	\$80.00 per session
	Non Member	(3- 5 people)



### Fitness Facility

- 3,500 square foot state of the art fitness center that includes :
  - \*Five televisions with cardio theater
  - \*Treadmills, ellipticals and stationary bikes
  - \*Free weight area with Olympic benches and Olympic lifting platform/station
  - \*Selectorized strength circuit
  - \*Cable functional trainers
- Men and women's locker rooms with showers
- Two racquetball courts
- Gymnasium with two full-sized basketball courts
- Outdoor lighted tennis /pickleball courts and basketball court
- Outdoor one-mile paved walking/running trail



### Fitness Center Age Guidelines

- Children 10 and under are not permitted in the fitness center.
- Children between the ages of 11 - 13 years old MUST be supervised by parent or guardian at all times and after the completion of a one time 20 minute orientation with a fitness staff member.
- Members 14+ may use the fitness center unsupervised after completing an orientation with a fitness staff member.

### Cancellation Policy:

It is the responsibility of the member to notify Jenny Hutchins (Finance) at [jhutchins@ci.webster.ny.us](mailto:jhutchins@ci.webster.ny.us) in writing prior to the 15th of the month that you wish to cancel, as we offer NO INSTALLMENT BILLING REFUNDS. You will also be cancelled out of any membership benefit class that you are enrolled in at the time of membership cancellation, and classes are non-refundable. You will be allowed to cancel a membership once within a calendar year without a fee. Should you cancel two or more times within a calendar year, you will be assessed a \$50.00 cancellation fee. A cancellation fee is not assessed to CHANGES in a membership status/type. \* Annual payment members will have a \$25.00 fee retained if cancelled within 6 months of joining.